



South Cove Manor at Quincy Point Rehabilitation Center

COVID-19 Update

Dear Family and Friends of South Cove Manor:

This is my first communication to all of you in two weeks – mainly because there has been no news to report, which is a good thing! Today, I am sharing the first news of significant loosening of regulations from DPH in quite a while. I've broken down the regulation changes into three groups, based on who those regulations affect the most – Residents, visitors, and staff members. These changes will take effect in our building on Monday, March 14th, so I wanted to get this news to all of you today to avoid any surprises on Monday. Please take a look below, and feel free to reach out to Li Chen, Michael O'Brien, or I with any questions that you may have.

FOR RESIDENTS:

- **Residents that reside on different courtyards /floors can participate in group activities on other courtyards/floors if they choose**
- **A single resident may host multiple visitors for special functions. (Holiday, birthday, etc.) This must occur in a private area of the building. The number of attendees allowed would be decided on a case-by-case basis. Please also see regulations for "visitors" below.**
- **Group activities allowed without masks if all are fully vaccinated**
 - **Any resident that is unvaccinated, may still participate in group activities, but they would be required to socially distance from others, and would also be required to wear a mask**

FOR VISITORS:

- **Visitors still required to wear masks**
- **Visitors may eat with resident in a private location. Masks may be removed while eating**
- **Visitors still restricted to visit with their loved one only**

- Visitors still need to proceed directly to resident's room, which also means visitors cannot go to other floors to look for the residents if they are attending a group activity on another floor

FOR STAFF:

- Face shields ONLY to be used when providing care for residents on quarantine, isolation, and when enhanced PPE use is required
- Staff floating from courtyard to courtyard and unit to unit allowed
- Masks not required in meetings
- Anywhere in building where residents are restricted no mask required (kitchen, Laundry, breakroom, staff locker rooms).
- N95 masks ONLY to be used when providing care for residents on quarantine and isolation

As always, our continued thanks for placing your trust in South Cove Manor.

Sincerely,
William J. Graves
President & CEO

COVID-19更新

親愛的中华颐养院的家人和朋友：

這是我兩週以來第一次與大家交流——主要是因為沒有消息要報導，這是一件好事！今天，我要分享一段時間以來 DPH 大幅放鬆監管的第一個消息。根據這些規定影響最大的人群——院民、訪客和工作人員，我將法規變更分為三組。這些變化將於 3 月 14 日星期一在我們的大樓內生效，所以我今天想把這個消息告訴大家，以免星期一發生任何意外。請看下面的內容，如有任何問題，請隨時與 Li Chen、Michael O'Brien 或我聯繫。

對於院民：

- 院住在不同院落/樓層的院住可以選擇參加其他院落/樓層的團體活動
- 一位院民可接待多名訪客參加特殊活動。（假日、生日等）這必須在大樓的私人區域舉行。允許參加的人數將視具體情況而定。另請參閱下面的“訪客”規定。
- 如果所有人都已完全接種疫苗，則允許不戴口罩進行集體活動

- **任何未接種疫苗的院民，仍可以參加集體活動，但他們將被要求與他人保持社交距離，並且還需要戴口罩**

對於訪客：

- **訪客仍需佩戴口罩**
- **訪客可以在私人場所與院民一起用餐。吃飯時可以摘下口罩**
- **訪客仍僅限於與親人一起探訪**
- **訪客仍需直接前往院民房間，這也意味著訪客不能去其他樓層尋找正在參加團體活動的院民**

對於員工：

- **僅在為隔離、隔離的院民提供護理以及需要加強 PPE 使用時使用面罩**
- **允許工作人員從院子到院子和單位到單位流動**
- **會議中不需要戴口罩**
- **大樓內任何限制院民的地方，無需戴口罩（廚房、洗衣房、休息室、員工更衣室）**
- **N95 口罩僅在為隔離和隔離的院民提供護理時使用**

一如既往，我們繼續感謝您對中華頤養院的信任。

真摯地，
威廉·J·格雷夫斯
總裁兼首席執行官

Please support
South Cove Manor

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中華頤養院

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Rehabilitation Center**

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